

FREE Activities for Parents and Children Summer 2010

Information also available at:

www.peterborough.ca/Living/Recreation___Arenas/Free_in_Peterborough.htm

www.thekawarthas.net

Family HEALTHline: 705-743-1000

(alphabetical list)

Art Gallery of Peterborough

705-743-9179

Summer hours: Mon – Fri, 9:00 am – 5:00 pm., Sat-Sun, 11:00 – 5:00 pm

Located on Little Lake adjacent to Del Crary Park.

Free admission for parents and children of all ages.

Beaches

There are many local beaches and playgrounds with free swimming and sand play. Check www.pcchu.ca for water quality reports before you go. Beavermead Beach on Ashburnham Drive and Rogers Cove on Maria Street will have lifeguards seven days a week, from 12 noon until 7:00 pm., June 25 to August 15, 2010. Both beaches have washrooms. Remember to pack your hats, sunglasses, sunscreen and lots of water for drinking.

Bikeways and Trails

www.thekawarthas.net/pdf/directory/Map_City_Peterborough_Trails.pdf

Call 1-800-461-6424 for a brochure of maps and trails.

Enjoy a walk, stroller or bike ride along one of Peterborough's many trails. There are many in town and in the county. Visit the website for printable maps and details.

Ecology Park

www.ecologypark.greenup.on.ca

1867 Ashburnham St.

Ecology Park is a 5 acre park which is part of the Trans-Canada Trail. The park is always open and free to visit. There are special theme gardens, for example, children's, butterfly, and wildlife. Many free event throughout the summer, including Family Night Thursday August 26, 7 – 8:30 pm

Little Lake Musicfest

www.littlelakemusicfest.ca

Free outdoor concerts for all ages at Del Crary Park, every Wednesday and Saturday evenings all summer. Concerts begin at 8:30 pm. The park is now non-

smoking. Bring a lawnchair or blanket to sit on, Deet insect repellent, and water for drinking.

First Rider Program

1-800-757-0307

www.stsco.ca

Friday August 27, 3:00 – 6:00 pm

Saturday August 28, 10:00 am – 1:00 pm

Lansdowne Place, Peterborough

This school bus safety program is strongly encouraged for young children and parents as it is especially important for children who will riding the bus for the first time in September. Each session runs for 30 minutes on the hour and half hour and includes a ride on a school bus. Nutrition and growth and development displays will also be available.

Jackson Park

Located off of Parkhill Road, Jackson Park is a wonderful place to spend the day with friends and family. The upper area of Jackson Park has a playground structure, picnic tables, and area to sit in the shade. There is a beautiful trail running through the park with a picturesque forest and creek running throughout. The lower area of the park is also a nice place to walk along the trail and spend time with nature. The Parkway Trail travels between Jackson Park and the Peterborough Zoo for 4.2 km. For more information please contact the City of Peterborough 742-7777.

Junior Parks Program

705-742-7777 ext 1805

http://www.peterborough.ca/Living/Recreation_Arenas/Junior_Parks.htm

City of Peterborough parks:

- July 5 - Aug. 13- John Taylor Memorial Park (McKellar Street) - 9:00 am to 12 noon
- July 5 - Aug. 13- Kiwanis Park (Middlefield and Milford Gates) - 1:00 pm to 4:00 pm
- July 5 - July 16- Walker Avenue (Walker Avenue) - 9:00 am to 12 noon
- August 3 - August 13 - Crawford Place (Crawford Drive) –1:00 am to 4:00 pm
- August 3 - August 13 - Fairburn/Poplar Park (Fairburn and Poplar Street) – 9:00 am to 12 noon
- July 5 - July 16 - Jackson Park (Park St. and Monaghan) 1:00 pm - 4:00 pm
- August 3 - August 13 - Collison Park - 9:00 am - 12 noon

Drop-in program for children ages 4-8, however parents are reminded that they need to stay in the park while the program is being offered
Part-time summer student employees of the Recreation Division will offer games, crafts and special theme days in the parks.

Lakefield Literary Festival: CHILDREN'S TENT EVENT

<http://www.lakefieldliteraryfestival.com/program.html>

Saturday, July 18th

Cenotaph Park, Lakefield, 9:30 am

Free Admission for everyone to the Children's Tent only; all other events require tickets to be purchased.

Boys and girls of all ages are invited to gather at the children's tent to meet two of Canada's most famous storytellers. Author/illustrator **Kady MacDonald Denton's** stories and watercolours have engaged children around the world and garnered many awards. **Frieda Wishinsky** has written over 40 picture books, novels and chapter books. This acclaimed author combines humour and history to tell the stories in her Canadian Flyer Adventure Series. Following their individual readings, Kady and Frieda will team up to present their newest picture book, *You're Mean, Lily Jean*.

Old Millbrook School Family Centre

www.millbrookfamilycentre.com

705-932-7088

1 Dufferin St., lower level, Millbrook

Drop-in program for children (0-6 years) and their parents/caregivers

Tuesdays and Thursdays, 9:30 am – 1:00 pm

<http://www.ofah.org/>**Ontario Federation of Anglers and Hunters (O.F.A.H.)**

Ontario Conservation Centre

www.ofah.org/News/index.cfm?ID=3&A=GetDoc&DID=534

4601 Guthrie Drive

Peterborough, Ontario (The Heritage Centre driveway is off McNamara Rd.)

Monday-Saturday: 10am-4pm, Sunday: 12pm-4pm, open holidays

FREE ADMISSION until September 1, 2010.

There are daily tours and weekly seminar sessions, all of which are free.

All sessions are 7:00 - 9:00 pm. and no reservations are required.

July 8: Gearing up for Family Fishing Week;

July 14: Introduction to Food Plotting

July 19: Moose Calling

Parks and Trails

http://www.thekawarthas.net/pdf/directory/Places_and_Trails_to_Explore.pdf

www.peterborough.ca/Living/Recreation_Arenas/Free_in_Peterborough/Parks_Trails.htm

To obtain a map or an Outdoor Adventure Guide call (705) 742-2201

The uniquely diverse topography of Peterborough & the Kawarthas creates endless opportunities for outdoor recreation, and trail systems of varying use and terrain types are among the region's best features.

Peterborough Family Resource Centre/Ontario Early Years Centre – closed for July and August

Peterborough Lift Lock Visitor Centre

www.pc.gc.ca/eng/lhn-nhs/on/trentsevern/visit/visit6/lock21.aspx

(705) 742-2201 or 1-800-461-6424

The Peterborough Lift Lock Visitor Centre is located next to Lock 21- Peterborough Lift Lock. The Visitor Centre has free admission, exhibits and movies and is open daily 9:00 am – 7:00 pm.

The web site has interactive activities. 3-D tours, youth zone, photo gallery, games and other fun activities.

Peterborough Moms Group

www.peterboroughmomsgroup.com

Peterborough Moms Group (PMG) is a FREE social network for Moms across Peterborough County. With over 300 members and several events happening daily, this is the place for moms. The network is here to serve you, not the other way around, so you never have to feel pressured to get involved more. We're here when you want us. It's a group run by the members, for the members, so it's entirely up to you to become as involved as you want.

Some of the fun things we do include:

scrapbooking, group walks, all kinds of outings, mom-to-mom sales, playgroups, of various ages, potluck get-togethers, swim parties and backyard bbq's, card nights, moms' night out, couple's get-togethers, coffee shop get-togethers, support groups, and much more.

Peterborough Museum and Archives

www.peterboroughmuseumandarchives.ca

705.743.5180

Museum Drive at 300 Hunter Street East (Armour Hill)

Year-round Monday to Friday, 9:00 am to 5:00 pm.

Year-round Weekends & Holidays, 12 noon to 5:00 pm.

In July & August, open Thursday and Friday to 7 pm.

Barrier-Free Access, Free Parking, Picnic Facilities.

Admission to Museum exhibitions is By Donation.

Special events may require a separate entrance fee.

Peterborough County Libraries

Contact your local library for information about their free summer programs.

Peterborough Public Library

www.peterborough.library.on.ca

Main Branch: 345 Aylmer St. Peterborough, 705-745-5382

Summer hours: Monday-Thursday, 10:30 am – 7 pm

Friday/Saturday, 10:00 am – 5 pm

Sunday 2:00 – 5:00 pm

Delafosse Branch: 727 Parks St. S., Peterborough, 705-745-8653

Summer hours: Tuesday/Thursday, 2:30 – 7:30 pm

Saturday 10:00 am – 3:00 pm

Closed Monday, Wednesday, Friday, Sunday

Both branches have Summer Reading Clubs for all ages from preschool to teens, Teens/Youth Summer Writing Contests

There are many fun workshops and events. Most events are free, however some have a small fee for supplies. Please visit the library website or pick up a listing of events at the library.

Always available free are books, magazines, DVDs, computer and internet and Peterborough Healthy Families Resources, www.peterboroughhealthyfamilies.ca

Riverview Park and Zoo

1230 Water St. N., Peterborough

www.peterboroughutilities.ca/Park_and_Zoo.htm

Summer hours: Daily, 8:30 am – dusk

- New splash pad, playground, picnic shelters, frisbee golf, 137 animals and 49 species
- “Meet the Keeper” - Monday to Friday at 1 pm; meet zoo staff and their animals (summer only).
- Otter feeding daily at 1:30.
- Cougar, Serval and Bobcat feedings at 6:30 pm daily
- Free musical concerts at the gazebo, every other Sunday, 3:00 – 5:00 pm all summer long. Remember to bring a lawn chair or blanket.
- Miniature Train operates 10:00 am – 6:00 pm daily, \$2 per person over 2 years of age for a 15 minute ride.
- Visit the web site for a virtual tour and fact sheets about the animals

Wading Pools

www.peterborough.ca/Living/Recreation_Arenas/Public_Beaches_Wading_Pools.htm

705-742-7777 ext 1873

<http://www.peterboroughrecreation.ca/> Open June 25 until August 22, 2010

Supervised daily from 11:30 am to 4:30 pm

Small, shallow pools are suitable for young children to approximately 8 years of age. Four theme days are being planned and will include crafts, games and prizes. **Please note:** Children must not be left alone in the park without appropriate adult supervision.

- Barnardo Park, Northminster Ave. and Sunset Blvd.
- Knights of Columbus, Park St. and Lake St.
- Turner Park, High St. and Chamberlain St.
- Otonabee Park, Southlawn Dr. and Severn Rd.
- John Taylor Memorial Park, McKellar St. & St. Catherine St.

Whetungs' Ojibway Art Gallery

www.whetung.com

705-657-3661

Curve Lake, Buckhorn

The Whetung Centre contains the art gallery, museum and craft store, is open year round, 9:00 am – 6:00 pm and offers free admission, free parking, wheelchair access, and picnic area.

Canadian Tire Jumpstart Program

The Canadian Tire Jumpstart program focuses on helping individual children become involved in organized sports and recreational activities to help them develop a healthier lifestyle in their younger years.

Who do we fund?

Canadian Tire Jumpstart is a charitable program that helps kids in financial need aged 4 to 18 participate in organized sport and recreation activities.

How can I apply to have my child supported through the Canadian Tire Jumpstart program?

The Canadian Tire Jumpstart program works with community organizations to form local Chapters that identify and approve the children who receive support. If you would like to apply for your child to receive support, please call our central toll free call centre (**1-877-616-6600**). Based on your postal code and town/city information you will be provided a contact on the closest Canadian Tire Jumpstart chapter so your request can be processed locally.

We have two request sessions per year: our spring session which runs from January to June and our fall session which runs from July to November. Requests can be accepted at any time during these sessions provided there is still funding available through your local Jumpstart chapter.

Faith Based Camps:

Hope Valley Day Camp

705-652-6850

www.hopevalley.ca

2882 Lakefield Rd., Lakefield

Day camp for all children ages 7 – 17 years, divided into 3 groups; 7-8, 9-12, 13-17. Fee is by donation only. A bus will pick children up at 20 locations throughout Peterborough. Registration form, camp themes, and a bus schedule can be found on the web site.

- Camp 1 (July 5-July 16)
- Camp 2 (July 19-July 30)
- Camp 3 (August 3-August 12 *No Camp on August 2nd due to Civic Holiday)
- Camp 4 Sports Camp (August 16-August 20)
- Camp 5 Science & Nature (August 23- August 27)