

# Peterborough County-City Health Unit



## 2006 Annual Report



## Message from the Board of Health



The Health Protection and Promotion Act mandates that the Board of Health is the governing body of the Health Unit. The primary functions of the Board of Health are planning and policy development, fiscal arrangements, and labour relations. In carrying out its mandate, the Board of Health provides a policy framework within which staff can define the health needs of the community and design programs and services to meet these needs. The Mandatory Health Programs and Services Guidelines are province-wide standards that steer the local planning and delivery of public health programs and services by the Board of Health. All programs and services are approved by the Board of Health.

During 2006, the Board of Health continued to meet the challenge of delivering effective programs and services. This was made possible by the creativity, dedication, abilities, and professionalism of the members of the board of health, Peterborough's Medical Officer of Health, Dr. Garry Humphreys, Health Unit staff, and community partners.

From my perspective, highlights of 2006 included securing support and funding for strategies to address hunger in Peterborough County and City; training for Board members and staff on the social determinants of health; the development of Peterborough's Pandemic Plan; the Health Unit's participation in the International Plowing Match; and the alleviation of a critical space shortage at the Health Unit through acquisition of additional space in Peterborough.

It was a pleasure and an honour to have served as Chairperson of the board of health in 2006.

Mr. Paul Jobe  
Chairperson, Board of Health

## Vision and Mission

In 2006, the Health Unit Vision and Mission statements were reviewed and revised. The new statements are:

### Vision:

Healthy people in healthy communities.

### Mission:

The Peterborough County-City Health Unit is a leader in promoting and protecting health in Peterborough County and City.

## Members of the Board of Health

Mr. Paul Jobe, Chair  
City of Peterborough Representative

Mr. David Watton  
Public Member

Chief Keith Knott

Councillor Henry Clarke

Councillor Jack Doris

Mr. Andrew Johnston  
Public Member (March, 2006)

Deputy Reeve Madeline Pearson

Deputy Reeve Paul Heath

Reeve Ron Millen

## Members of the Executive Staff

Dr. Garry Humphreys, Medical Officer of Health

Maureen McKeen, Director, Health Promotion

Tom Cathcart, Director, Health Protection

Lorraine Skipwith, Director, Administrative Services

## Coalitions & Volunteers

The Board of Health and staff would like to thank our funders, the many coalition members, and volunteers that partnered with us in 2006 to provide the varied programs and services to the citizens of Peterborough County and City.

# Supporting Rural Communities...

## The International Plowing Match/Rural Expo

In 2005, the Health Unit began planning for the 2006 International Plowing Match (IPM). A committee was established and a Health Promoter was hired to coordinate the Peterborough County-City Health Unit's (Health Unit) involvement in the IPM. All Health Unit divisions and many staff participated planning for and/or staffing displays and presentations at the IPM.

With the involvement of 58 staff, 18 volunteers, and more than 8 large exhibits, the Health Unit had a strong presence at the event. The IPM was an excellent opportunity for staff to interact with rural residents. The Health Unit was able to deliver positive health protection and health promotion messages, and promote programs and services to more than 80,000 visitors.

Dr. Sheela Basrur, Chief Medical Officer of Health and Deputy Minister of Health Promotion, came to visit the 2006 IPM. She toured the IPM with Dr. Garry Humphreys (MOH), Mr. Paul Jobe, Board Chair, and Health Promoter, Amy McPherson. The tour highlighted our commitment to serving the rural population in Peterborough County.



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in

## Hand Hygiene & Infection Control

The Health Unit sponsored three hand washing stations for this event. Health Unit staff advised the IPM Steering Committee of the importance of adequate hand washing facilities.



## Health Unit Programs & Services

The main display used to promote the Health Unit's programs and services was located in the Peterborough County Tent. Two new display boards, a trivia wheel, and giveaways were used to attract the public's attention.



## Food Safety

At the IPM, the Health Unit partnered with a local food establishment to provide food preparation and food safety information. The Food Safety program's work with IPM organizers, and contacts with food vendors in preparation for the IPM paid off when the event took place without any serious problems. Two Public Health Inspectors (PHIs) were on-site to inspect vendors the day before the event opened, 3 inspectors returned on the opening day when 42 food premises were operating. One PHI conducted re-inspections on the remaining days of the event. A total of 102 inspections were conducted. Most food premises were found to be problem-free.

## Safe Water

The Health Unit Safe Water PHIs staffed a display titled "How Well Is Your Well" to answer questions and provide water booklets and testing bottles. The display was well received with many people stopping to inquire about their own water quality.

## For Families...

The Health Unit provided displays and/or demonstrations in the Little Sprouts Tent, the Discovery Tent, the County Tent and the Lifestyles Tent. In the Little Sprouts Tent an area for families with children ages 0-6 provided a fun and safe environment for children to play, mothers to breastfeed, and a change area. Health Unit staff provided parents with brochures on programs and services.

In the Discovery Tent of the Education Area, the Health Unit set up a portable hand washing station to provide a Glo-Germ™ hand washing demonstration for school-age children. A PHI and support staff provided groups of children with proper hand washing instructions through a fun demonstration.

## Healthy Lifestyles

The Health Unit's largest exhibit was the A-maz-ing Journey of Health in the Discovery Tent. Staff and volunteers constructed a 20' wide, 30' long and 6' high maze structure with 5 stations that children could tour to learn about health. Health Promoters and other staff worked to create displays, props, a script and activities to guide children through this fun learning experience. The Maze included a stop in the mouth, stomach, heart, lungs and brain.



## Early Detection of Cancer

A booth titled "Women's Wellness," was shared with the Ontario Breast Screening Program to raise awareness and provide family abuse prevention resources to rural women.

# Supporting Families...

## Transition to Parenting

Few things change life like the birth of a child! 2006 saw the completion of a two-year project to learn more about the transition to parenting and ways to support expectant and new parents. This was made possible by a grant to promote healthy pregnancy and child development, through Early Child Development funding.

At the outset of the project, staff held focus groups with local men and women expecting their first baby to listen to their ideas and concerns. Three key issues came to the fore: finances, changes in their relationships with their partner, and infant care. Based on these findings, consultation with experts in the field, and a review of the research literature, media messages were designed and broadcast through radio, TV, and the web to promote awareness of these common and normal concerns.

Finding little information available to assist parents on the topic, staff designed and distributed print resources, and revamped the prenatal education classes to address the topic. Expectant men and women can now learn about transition and discuss their personal concerns using From Partners to Parents, a workbook developed at North Dakota State University by Dr. Sean Brotherson. Key pointers are summarized in a handy bookmark, Ten Tips for a Healthy Transition from Partners to Parents. Budgeting for Baby is a new brochure with great money-saving tips and a budget worksheet to help make ends meet, and The New Baby Manual for Dads, is a booklet adapted from Peel Health, available in prenatal classes.

Health Unit staff and community organizations that work with expectant and new parents tested their own knowledge, and learned what the experts had to say about effectively supporting new parents. Dr. Robyn Stremmer, a nurse researcher with the Hospital for Sick Children, shared preliminary findings from her research on sleep disturbances and fatigue after the birth of a baby, and provided tips which have been shown to increase sleep by as much as one hour each day!

Although the project has ended, the expanded knowledge of our staff and these great new resources will enhance the services we provide to families well into the future!

## Healthy Babies Healthy Children

### Fast Fact...

Of the 1,109 families with newborns who consented to be contacted by telephone, 781 families also received a home visit from a Public Health Nurse.

Healthy Babies, Healthy Children is a free program for pregnant women and parents of children from birth to age six years. Parents of new babies receive a telephone call and the offer of a home visit from a Public Health Nurse (PHN) when they go home from the hospital. Some families have more challenges and may want extra support. A Family Home Visitor, who works closely with a PHN, can provide on-going home visiting. Information is available on such topics as having a healthy pregnancy; parenting; feeding babies and young children; helping children grow and develop; keeping children safe; and finding appropriate community programs and services.

Pictured here is Diane Lockman, PHN, and new mother Leanne Falkner holding baby Riley. As well as answering Leanne's questions, Diane is reviewing a package of useful information.



## Genetics

- 242 referrals for genetic counselling were received
- Genetic Counsellors provided 36 consultations to local agencies and health care professionals
- Medical geneticists attended 15 clinic days, and saw 77 clients as well as 72 other family members

## Reproductive Health

- 594 expectant parents attended prenatal classes
- 84 health care providers attended orientation and training sessions
- more than 150 workplaces received resources on healthy pregnancy

## Child Health

- 629 primary school-age children attended 182 Care For Kids sessions taught by a Public Health Nurse (PHN); the PHN also provided presentations to 40 parents about healthy sexual development and abuse prevention programs for young children, and coached 31 educators who also taught the program
- PHNs answered 926 calls from parents and caregivers about child health and development, distributed more than 11,000 print resources, and provided 30 displays and community presentations
- PHNs provided 313 telephone, office, or in-home consultations to breastfeeding mothers

# Supporting Families...

## Infant & Toddler Development

The Infant and Toddler Development Program (ITDP) staff learned that there was a perceived lack of local support for parents of twins and triplets. Historically, Peterborough has had such support groups, organized by parents, but on an inconsistent basis. It was felt that such a group would have a better chance of succeeding and surviving with an agency in the lead. In November 2004, the first Multiples Group sponsored by the Peterborough County-City Health Unit was held.



Before launching a Multiples Group in Peterborough, the ITDP staff consulted group with interested parents of multiples. A representative from Durham region's Parents of Multiple Birth Association (POMBA) presented and offered suggestions for starting up. One of the parents present at the initial meeting continues to attend the group on a regular basis.

Over the past 2 ½ years the group has met on the second Thursday morning of each month in a child-friendly space, as a drop-in playgroup for parents of multiples

and their children aged birth to four years. The group provides peer support and a social outlet for parents and children. Many guest speakers provide presentations, and consultations.

Parents find the group an excellent place to talk with other parents who face similar issues parenting multiples. They state they like consulting with professionals, and the chance for their children to interact with others. The group has many regular attendees, and often a few new parents. The Multiples Group fits well with the host program, the ITDP, as it supports the Guidelines for Ontario's Enhanced/Expanded Infant Development Programs on providing support to enhance parenting skills and parental competence, sharing information about typical and atypical child development, proactive public education to help decrease the effects of preventable delays, and intervention to promote parent-child interactions. So if you know of any parents of young twins or triplets itching for a place to take them that provides the child with a great play space and the parent with support, send them to the ITDP!

## PCCHU: A One-Stop Shop for Parents-to-Be

When expecting, the Health Unit is the place to call for programs and services to have a healthy pregnancy and prepare for a baby's arrival. Expectant parents can ask their doctors or midwives for a copy of *Your First Prenatal Visit*, information on how to have a health pregnancy.

Last year at Prenatal Health Fairs, 400 people talked with more than 30 qualified professionals. In 2006, 500 expectant parents attended adult prenatal education classes, and felt better prepared and more confident in the skills needed for baby care, breastfeeding, birth, and the transition to parenting. In partnership with the Peterborough Family Resource Centre, Public Health Nurses (PHN) provided education and support to about 100 youth at the Teen Prenatal Supper Club.

Families needing help are referred to a PHN in the Healthy Babies, Healthy Children program. Fathers and mothers-to-be who want to be smoke-free are offered information and resources to help them quit. Prenatal education is our way of reaching out to ensure that families have the information, services and support they need to choose a healthy lifestyle, have a healthy baby, and make a successful transition to parenting!

## Early Identification

- 1,600 packages containing information on early childhood growth and development were distributed to parents of children entering kindergarten

## Nobody's Perfect

- Nobody's Perfect is a 10 week support and education group program for parents, with children from birth to age five years, who may be young, geographically or socially isolated, have limited finances, and limited formal education
- 10 Nobody's Perfect groups were offered and 89 parents attended

## Dental Services

- Dental staff provided oral health screening for 3,113 children in school and Health Unit clinics
- staff conducted oral health data for the provincial Dental Indices Survey on 665 children
- 151 children received financial assistance to obtain urgent dental treatment

## Sexual Health

- Clinic staff provided treatment and/or follow-up for cases and contacts of 265 people with sexually transmitted infections, and conducted 5,666 assessments related to pregnancy and STIs
- PHNs provided 70 sexual health consultations to area health care providers
- PHNs made 573 presentations on maturation and sexuality to students in Grades 5-9, post-secondary and alternate community settings

# Supporting Youth and Schools...

## Healthy Active School Grants

Twelve grants were awarded for the 2006-2007 school year to support healthy active school projects reaching nearly 3,300 students in Peterborough County and City. Funding for the grants is provided through Health for Life. Projects included programs such as skipping clubs, cooking classes, and organized recess games. The photo to the right is from the Kenner Intermediate "Step it Up" program. The grant was used to purchase equipment and create a fitness circuit for students. Although the equipment was purchased primarily for the grade seven and eight students, it was used by students in the secondary school extending the reach of the program to the whole school.



## Peterborough County-City Youth Action Alliance



In order to develop effective tobacco-related programming, the Peterborough County-City Youth Action Alliance (PCCYAA) felt it was necessary to investigate the current knowledge, behaviours, and perceptions related to tobacco control among youth in Peterborough County and City. In 2005, the PCCYAA created the Have Your Say! survey. The survey took approximately a year to create and implement.

It was a widespread success! The PCCYAA surveyed more than 400 adolescents and spread awareness of the group among local youth.

**65% OF LOCAL YOUNG SMOKERS ARE GETTING CIGARETTES FROM FRIENDS**



A key result of the survey was that 65% of youth who smoke reported that they received their tobacco products from their friends. The Peer Leaders of the PCCYAA were alarmed at the high statistics and felt it was necessary to educate young people on the implications of social supply.

In December 2006, the PCCYAA created a thought provoking ad to address the local issue of youth supplying their peers with tobacco products. The concept and image used were created and focus-tested by peer leaders in the PCCYAA. Three exterior and ten interior ads were run on Peterborough Transit buses for six months. In addition to the local campaign, The Ontario Not to Kids!

Coalition adapted the ad to be used in Famous Magazine and created promotional items with the image. The Peer Leaders also created a video to showcase the results of the survey.

## School Board/Health Unit Consortium

A representative from PCCHU meets regularly with representatives of the Kawartha Pine Ridge and Peterborough Victoria Northumberland Clarington Catholic District School Boards' and management representatives from the four Public Health Units in the jurisdictions to work collaboratively on issues, directions, programs and services of mutual interest to the members of the consortium with an aim of promoting healthy school communities.

## Promoting Healthy Lifestyles In Schools

- Health Unit staff coordinated 38 School Nutrition Program (Breakfast Clubs) in elementary and secondary schools in Peterborough County and City
- Two editions of the School Health Matters newsletters were sent out to every teacher in Peterborough County and City providing information about health issues and resources available at the PCCHU which support classroom teaching
- Health Unit staff consulted with teachers about nutrition issues, physical activity and tobacco use prevention. Staff also worked with schools to provide substance abuse prevention mini-fairs to 775 students in 13 schools; the MADD (Mothers Against Drunk Driving) multimedia presentation, "Mind Control" in every high school; and Humphreys' Healthy Habits, for over 600 grade 1-3 students



# Supporting *Healthy Lifestyles...*

## *Hitting the Trails*

Trails offer a balance of recreational activities, health benefits, and higher quality of life in any community. They provide individuals with the opportunity to use multiple modes of transportation as well to stay active and involved in the community. In addition to providing opportunities for physical activity, trails provide social and cultural benefits to the community by helping to connect people. Research shows that trails are one of the key things that consumers look for when buying a house. A local survey that was done in July 2006, revealed that 62% of respondents walked to feel better and 74% indicated that they would walk more for fun if more trails were available.

Among the most important aspects of increased trail use are the health benefits associated with increased physical activity. Individuals using walking trails and meeting the recommended 30 minutes of physical activity at least three times per week can reduce their annual health care costs by \$400. It is estimated that a 10% increase in the number of Canadians who are physically active, would save the health care system \$102 million annually in the treatment of heart disease alone.

Promoting the use of local trails was a Health Unit priority in 2006, and included:

### *Search in the Snow*

A challenge to walk a section of the Trans Canada Trail in Peterborough to find clues and solve the mystery puzzle to win great prizes. The event was organized to encourage physical activity in the winter.

### *Spring into Spring*

A province-wide campaign to encourage children to walk to school in the spring. The local campaign was launched in April at a daily physical activity workshop for teachers. Teachers received a three month calendar of walking activities they could do with their students that promoted local trails.

### *Family Cycle Challenge*

A community event in October to encourage cyclists of all ages to try riding the beautiful Rotary Trail between Peterborough and Lakefield.

### *Walktober*

A month-long campaign including media, pedometer giveaway and photo contest to profile the benefits of physical activity on local trails.

Close to 500 people participated in our trail promotions in 2006 and many others were reached through media campaigns during the year. The Health Unit also distributed over 2,000 Trail Guides throughout 2006. The results clearly indicate support for trails in Peterborough City and County!



## *Putting Food on the Table*

Food is a human right, yet many in our community cannot afford to choose healthy foods. In September 2006, the Health Unit launched a unique project to address hunger issues in our community. The Food Security Community Partnership helps people access healthier foods through some innovative programs.



Newly introduced subsidies for local food boxes slashed the prices by half. As a result, about 500 food boxes were sold monthly out of the YWCA and Salvation Army. Customers have mentioned that they can prepare a greater variety of foods and feel that their family/children are eating healthier because of the food box.

Participants tell us that the Come Cook with Us cooking programs are "...so much more than a cooking class." People can try recipes at home in addition to having a few extra meals a week. Also, cooking a meal and sharing it with others, help to break down feelings of social isolation for some group participants. The facilitators rely on the experiences of those in the groups to build learning opportunities – resulting in a sharing of knowledge about food and nutrition.



## Smoke-Free Ontario Act

May 31, 2006 marked the date that the Smoke-Free Ontario Act came into effect. Important components of the Act include, but are not limited to, prohibiting youth access to tobacco at point of sale; limiting the display of tobacco products; prohibiting smoking in enclosed workplaces and enclosed public places; and protecting workers and the public from the health effects of secondhand smoke. Prior to the implementation of the Act, Health Unit staff focused on educating vendors about the new Act by conducting many educational visits to retailers.

## Peterborough County & City Pandemic Planning

The Interagency Pandemic Influenza Planning Team held a successful Public Information Session on October 17th, 2006 with approximately 200 people in attendance. The evening session provided the public with an overview of Pandemic Influenza. The following presentations were provided:

1. The Who, What, Why, When and How of Pandemic Influenza by Dr. Garry Humphreys, the Acting Medical Officer of Health;
2. How to Protect Yourself by Margaret Jay, Coordinator of Infection Control at the Peterborough Regional Health Centre; and,
3. Pandemic Planning in Peterborough City and County by Deputy Chief Trent Gervais, Peterborough Fire Department and Emergency Management Coordinator for the City of Peterborough.

Feedback from the evaluations highlighted the success of the evening with over 90% of the respondents rating the speakers, the content, overall impression and location as good or excellent. For a copy of the Peterborough County-City Health Unit Pandemic Influenza Plan visit the PCCHU website at [www.pcchu.ca](http://www.pcchu.ca).

## Air Quality

The Health Unit monitors the levels of carbon monoxide in area arenas to make sure that the combustion products from ice resurfacing machinery does not reach unsafe levels. In 2006, 25 inspections were conducted on local ice surfaces.

Canadians spend, on average, about 90% of our time indoors, so indoor air quality is very important. Indoor air quality can be worse than outdoor air quality with higher levels of carbon monoxide, carbon dioxide, and humid or damp conditions which promote the growth of bacteria, mold, and dust mites. This past year, Public Health Inspectors provided 332 consultations and 161 investigations to local residents on indoor air quality.

An additional 485 investigations were conducted to follow up on complaints received about mould in residential environments.

## Fast Fact...

547 visits were made to vendors with educational materials

1,291 copies of resources were provided to parents, caregivers and the community on the risks of second-hand smoke and strategies for attaining smoke free homes, home day cares and cars

## Immunization

- 91% of students had up-to-date immunizations
- 83% of grade 7 students received two doses of the hepatitis B vaccine
- 245 doses of hepatitis B vaccine was distributed for high risk individuals
- 116 influenza vaccine clinics were held
- 71 inspections were conducted on premises which store vaccines
- 1,169 individuals were seen at the Health Unit Immunization Clinic
- 1,591 individuals were seen at the Health Unit Travel Clinic

## Infectious Diseases

- 18 outbreaks were investigated
- 117 consultations on tuberculosis were performed
- 25 infection control meetings in long term homes were attended by staff
- 170 inspections of personal service settings were conducted
- 27 child care facilities were inspected to ensure they have infection control programs

## Rabies Prevention

- Rabies is a deadly viral disease that is almost always fatal. Local veterinarians helped to protect families and their pets by vaccinating 1,610 dogs and cats at low-cost vaccination clinics.

# Protecting Communities...

## West Nile Virus Prevention



The Health Unit provides: education on West Nile Virus to children and adult groups; monitors bird and mosquito populations for West Nile Virus; and follows-up on standing water complaints. In 2006, the Health Unit distributed 8,352 brochures to local

citizens, placed 80 mosquito traps, submitted 43 birds for testing, conducted 29 investigations concerning standing water, and provided 222 presentations.

## Safe Water



Public Health Inspectors answered 3,595 calls from people looking for help interpreting their well water test results, information on water quality, and tips on maintaining or improving their well water.

The Health Unit distributed over 1,700 copies of its "How Well

Is Your Well" booklet through municipal offices, the Public Health Laboratory, and at Health Unit events. The booklet describes how to interpret well water test results, provides information on water quality, and gives well owners tips on maintaining or improving their well water.

## Food Safety

Our Public Health Inspectors are working with our community to keep restaurants and food stores clean and the food safe. They completed 2,021 inspections of food premises in Peterborough City and County.



We believe that restaurant staff who know how to prepare clean, safe food will do just that! This year, 812 local residents took our food safety course, and passed the test to become certified foodhandlers.

## Private Sewage Systems

At the Health Unit, we help to protect our environment, our lakes and our groundwater by making sure that private sewage disposal systems are installed in accordance with the Ontario Building Code. In 2006, we issued 512 permits for the installation of new sewage systems, or the replacement of old systems. After a system has been built, we also inspect the construction of the system to make sure it complies with the regulations.



## Heating Bylaw

Public Health Inspectors (PHIs) responded to 42 complaints related to the City of Peterborough Heating Bylaw.

## Health Hazards Investigations

PHIs investigate complaints of health hazards or potential health hazards, as requested by members of the community or as reported by municipal agencies. In addition to air quality issues PHIs responded to 365 complaints of potential health hazards.

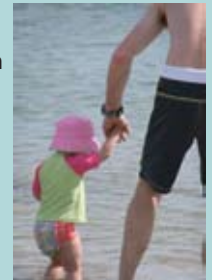
## Fast Fact

Health hazard means:

- a) a condition of a premises;
- b) a substance, thing, plant or animal other than man;
- c) a solid, liquid, gas or combination of any of them, that has or that is likely to have an adverse effect on the health of any person. (Health Protection and Promotion Act)

## Beaches

Clean, safe beaches are an important feature of summers in Peterborough City and County. PHIs took almost 1,500 beach water samples for testing from our 15 public beaches, to make sure that the public would have the best information on water quality.



# Because *Health Matters...*

## Contact Us

Board of Health

Medical Officer of Health

and Chief Executive Officer, Dr. Garry Humphreys

Linda Hughes, Executive Assistant

Director, Administrative Services, Lorraine Skipwith

Director, Health Protection, Tom Cathcart

Rabies Control Program (report a dog or cat bite)

Safe Water Program (well water questions)

Sewage Disposal Program (permits and inspections)

Food Safety Program (food handler training)

Manager, Donna Churipuy

Youth Action Alliance

Tobacco Use Prevention (cessation or complaints)

Health Hazards (air quality, mold, heat, West Nile Virus)

Manager, Edwina Gracias

Immunization

Communicable Diseases

Travel Clinic

Routine Immunization Clinic

Vaccine Ordering

Pandemic Influenza

Manager, Ann Keys

Child Health and Development

Dental Services (clinics, financial assistance for children  
needing treatment)

Genetic Counselling (prenatal, cancer, inherited conditions)

Reproductive Health (preconception and pregnancy)

Sexual Health (education and clinics)

Director, Health Promotion, Maureen McKeen

Infant & Toddler Development

Manager, Karen Chomniak

Healthy Babies, Healthy Children (pregnancy, birth to 6 years  
consultation and home visiting)

Nobody's Perfect (parenting program)

Manager, Larry Stinson

Injury & Substance Abuse Prevention

Nutrition Promotion

Physical Activity Promotion

Resource Loans

School Health

Cancer Prevention

Workplace Health

Ext. 264

Ext. 264

Ext. 264

Ext. 231

Ext. 259

Ext. 232

Ext. 267 or Ext. 287

Ext. 228

Ext. 225 or Ext. 305

Ext. 218

Ext. 238

Ext. 330

Ext. 232

Ext. 271

Ext. 222, or Ext. 262

Ext. 249 or Ext. 285

748-2021

Ext. 301

Ext. 283

Ext. 285

Ext. 295

ask for: Family Healthline

Ext. 292

Ext. 276

Ext. 253

748-2021

Ext. 234

Ext. 253

Ext. 242

ask for: Intake Public Health Nurse

Ext. 266

Ext. 255

Ext. 316

Ext. 281

Ext. 254

Ext. 260

Ext. 316

Ext. 281

Ext. 254

Contact us for credible, reliable, free, and confidential health information.

Peterborough County-City Health Unit

10 Hospital Drive

Peterborough, ON K9J 8M1

PHONE: 705-743-1000 or  
1-877-743-0101

TTY: 705-743-4700

FAX: 705-743-2897

WEB: www.pcchu.ca

## Public Health Finances 2006

Where the money came from:

Provincial Funds	\$6,481,583
Municipal Levies	\$2,696,693
User Fees	\$360,527
Other	\$170,460
<b>Total</b>	<b>\$9,709,301</b>

Where the money went:

Public Health Programs and Services	\$5,947,383
Healthy Babies, Healthy Children Program	\$853,422
Ontario Works – Dental	\$637,476
Smoke Free Ontario	\$443,466
Sewage Disposal Program	\$284,708
Genetics Program	\$280,424
Infant Toddler Development Program	\$242,423
Early Child Development	\$223,441
Keene Health Centre	\$222,700
Control of Infectious Disease	\$215,760
West Nile Virus Prevention	\$100,646
Health for Life	\$75,127
Other	\$123,510
<b>Total</b>	<b>\$9,650,486</b>

## Salary Disclosure

As defined in the Public Sector Salary Disclosure Act, 1996, in 2006 the following individual was paid a salary of \$100,000 or more:

Garry Humphreys, M.D, Medical Officer of Health

Salary Paid \$187,170.78

Taxable Benefits \$1,774.94