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Peterborough County-City Health Unit
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FOR IMMEDIATE RELEASE
Friday July 22, 2011, Peterborough

Health Unit Lifts Heat Warning for Peterborough City and County

Health Unit to Continue Monitoring Forecast for Extreme Heat Conditions

With the forecast of cooler temperatures and less humid air, the Peterborough County-City Health Unit is lifting the Heat Alert issued on Tuesday July 19, 2011 effective today, Friday July 22, 2011.

While the Heat Warning has been lifted, residents are reminded to take precautions in hot weather, including drinking plenty of water to stay hydrated, keeping their homes cool, and staying out of the heat whenever possible. The Health Unit will continue to monitor the weather forecasts throughout the summer and issue heat alerts, warnings or emergencies when forecasted.

The Health Unit has adopted a series of extreme heat thresholds designed to advise the public, health professionals, and community service providers on appropriate measures they can take to reduce the health effects of hot, humid, and smoggy weather. These advisories, comprising of a Heat Alert, Heat Warning, and Heat Emergency are issued when a hot or humid air mass is forecast and weather related health effects may occur.

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For further information, please contact:

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NEWS RELEASE