

**Communications Office**  
Peterborough County-City Health Unit  
10 Hospital Drive  
Peterborough, ON K9J 8M1  
(705) 743-1000, ext. 391  
[www.pcchu.ca](http://www.pcchu.ca)



**FOR IMMEDIATE RELEASE**  
Wednesday May 11, 2011, Peterborough

## **Time for Elementary Schools to Apply for Healthy School Grants 2011-12**

### ***Project Grants Up to \$500 Available for Healthy School Initiatives***

The Peterborough County-City Health Unit invites local elementary schools to apply for Healthy School Grants to support healthy school initiatives.

"We are very pleased to offer schools an opportunity to apply for funding to engage students in healthy school activities," said Anne Gallant, the Health Unit's School Health Liaison. "From our experience in past years we know that a small Healthy School Grant can help big ideas to flourish in local schools!"

Healthy schools are built on a foundation of high quality instruction and programs, a healthy physical environment, a supportive social environment and community partnerships. Healthy School Grants provide funding to support a wide variety of school directed projects. In past projects, students have written and performed health-themed plays, met local food producers and cooked healthy foods, become active leaders in their school and created thriving school gardens. The Health Unit Healthy School Grant program is intended to support schools to implement projects that will make a difference in their school. "We're excited to see what inspiring projects schools will come up with this year," said Gallant.

To be eligible for funding, Healthy School Grant projects for 2011-12 must involve students in a meaningful way, be supported by a project committee, and focus on one or more of the following health topics:

- Injury prevention (including bullying and sun safety)
- Substance misuse prevention (including tobacco)
- Healthy eating
- Physical activity

NEWS RELEASE

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- Student wellness and mental health

To apply for a Healthy School Grant, download the 2011-12 application form from [www.pcchu.ca](http://www.pcchu.ca) or contact Anne Gallant at 743-1000 ext. 314, email [agallant@pcchu.ca](mailto:agallant@pcchu.ca). Schools are strongly encouraged to contact Anne Gallant, School Health Liaison to discuss their project idea before submitting an application. Proposals must be received at the Peterborough County-City Health Unit no later than Monday, June 6, 2011.

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### **For further information, please contact:**

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