

**Communications Office**

Peterborough County-City Health Unit  
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[www.pcchu.ca](http://www.pcchu.ca)



NEWS RELEASE

**FOR IMMEDIATE RELEASE**

**Tuesday, January 18, 2011, Peterborough**

**Health Unit to Host  
Free Prenatal Health Fair on January 24**

***Experience the “Empathy Belly”***

Expectant parents and their families are invited to attend a Prenatal Health Fair hosted by the Peterborough County-City Health Unit at the Holiday Inn on Monday, January 24 from 6:30 p.m. to 8:30 p.m.

This event is free and open to everyone with an interest in learning how best to prepare for having a baby, and about the supports available in the Peterborough area. The Prenatal Health Fair features interactive displays and demonstrations on a wide variety of topics such as nutrition for baby and Mom, becoming a parent, car seats, baby’s development, and much more. Particular highlights include the “empathy belly” and fathering displays.

For more details, please call Kris Hazlitt at the Peterborough County-City Health Unit at 743-1000, ext. 254.

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**For further information, please contact:**

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