

FOR IMMEDIATE RELEASE

**Have Your Say about Healthy Community
Priorities for Peterborough City and County**

***Health Unit Launches Online Survey Seeking
Public Opinion to Guide Healthy Communities Plan***

Thursday, October 14, 2010, Peterborough

**What does a healthy
community look
like to you?**

Complete our online
survey between
October 15-29
for a chance
to win prizes!



The Peterborough County-City Health Unit launched an online survey today to gather opinions from residents regarding ways of making Peterborough City and County a healthier place to live.

The survey can be easily accessed from the Health Unit's website at www.pcchu.ca and only takes 5 minutes to complete. It is completely confidential and anonymous and asks those 18 years and older their opinions regarding six priority areas: physical activity, sport and recreation, injury

prevention, healthy eating, tobacco use and exposure, substance and alcohol prevention, and mental health promotion.

Information gathered from the survey will be used to guide the development of a Healthy Communities Plan that will determine how funding to support local public health projects is allocated in the Peterborough area by the Ministry of Health Promotion and Sport. The survey closes Friday, October 29.

Everyone who completes the survey will be entered into a draw to win one of several prizes, including:

1. One YMCA 3-month family membership
2. One of two \$50 grocery gift cards
3. One of two \$50 gift cards to a local restaurant

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For further information, please contact:

Janet Dawson
Health Promoter
(705) 743-1000, ext. 392