

## Communications Office

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## FOR IMMEDIATE RELEASE

# Peterborough County-City Health Unit to Host Free Prenatal Health Fair on September 28

## *Participants Can Experience the “Empathy Belly”*

Thursday, September 24, 2009, Peterborough



Expectant parents are invited to attend a Prenatal Health Fair hosted by the Peterborough County-City Health Unit at the Holiday Inn on Monday, September 28 from 6:45 p.m. to 9:00 p.m.

This event is free and open to everyone with an interest in learning how to best prepare for having a baby, and what supports are available in the Peterborough area. The Prenatal Health Fair features several interactive displays and demonstrations on a wide variety of topics such as nutrition for baby and Mom, becoming a parent, car seats, baby's development, and much more. Particular highlights include the “empathy belly” and fathering displays. In addition, Service Canada will

be on hand to discuss government benefits and services as well as how to register your newborn.

For more details, please call Anne Robinson at the Peterborough County-City Health Unit at 743-1000, ext. 385.

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### For further information, please contact:

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