

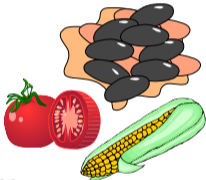
Black Bean Salad

Delicious in the summer - served with cornmeal muffin and tossed greens.

Dressing

- 4 tbsp. fresh lime juice
- 3/4 tsp. cumin
- 3/4 tsp. chili powder
- 3/4 tsp. salt
- 1/2 cup vegetable oil

1. In a bowl, stir together all ingredients.



Salad

- 1 can of black beans
- 1 1/2 cup chopped, seeded tomato
- 1 1/2 cup thawed frozen corn kernels
- 3/4 cup thinly sliced onion

1. Drain and rinse beans. Combine all of the ingredients in a large bowl and toss with the dressing.