

Food For Kids Peterborough and County

Student Nutrition Programs

Annual Report 2009-2010

In the 2009-2010 school year in the City and County of Peterborough...

Over one and a half million breakfasts and snacks were served .

As many as 8,700 students participated in Food For Kids programs.

The 45 schools involved included - 12 secondary & 33 elementary schools.

Over 150 local community partners supported Food For Kids by donating food, supplies, funding, space, and volunteer time.

Our 906 volunteers included community members, students, parents, and educators.

Ontario Service Awards were presented to 42 Food For Kids volunteers for their 5, 10 & 15 years of service.



Our vision is that every student in Peterborough City and County attends school well nourished and ready to learn.

All students need to start their day with a nutritious breakfast to ensure that they can learn their best! That is why volunteers get together each morning to serve breakfast to students at 46 schools in the City and County of Peterborough.

There are many reasons that breakfast and snack programs are seen as a critical investment in our children:

- statistics show that 31% of elementary school children and 62% of secondary school students in Canada do not eat breakfast daily
- research has well established the link between good nutrition and learning
- local teachers report improved behaviour, attitude, alertness, attention span and learning with breakfast program involvement
- childhood is a critical time for establishing life long healthy eating habits

Food For Kids Peterborough and County is a non-profit community partnership which supports student nutrition programs in local elementary and secondary schools. Our student nutrition programs:

- offer healthy food choices in an inviting, inclusive and welcoming environment to all students who wish to attend
- are staffed by volunteers
- receive partial grants through the Ministry of Children and Youth Services and Breakfast for Learning
- are generously supported by the community through financial and in-kind donations.

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Student Nutrition Programs

Food For Kids Peterborough and County is committed to improving child nutrition, well-being, and learning capacity through the provision of healthy and vital student nutrition programs, in every school, for every student in our area. We are grateful to the following groups which offered financial, food, organization and/or volunteer support to school breakfast clubs in 2009/2010:

Anchorage Marina
Boston Pizza
Breakfast For Learning
Bowles Valumart
Buckhorn Community Centre
Buckhorn Foodland
Canadian Federation of University Women
Canadian Network Broadcasting
C.W.L. of St. Alphonsus, St. Paul's,
Sacred Heart
Cathy Schofield Photography
Charlotte Pantry
Christ Evangelical Lutheran Church
Chemung Lake District Lion's Club
Chemong Lodge
Church of the Living Hope
Community Volunteers
Corner Gate Foodland
COSTCO Wholesale
Country Mart
COUNTRY 105/Energy 99.7/BOB FM Radio
CUPE
Curve Lake First Nation
Donoghues Wholesale Foods
El Rod Industries, Orono
Empire Cheese
Ennismore Foodland
Free Methodist Church
General Electric of Canada
GEO – Logic Inc.
Grocery Foundation of Ontario
Havelock District Rotary Club
Havelock Foodland
Havelock Friendship Club
Joanne's Place Health Foods
Johnstons Greenhouse & Garden Centre
Kawartha Credit Union
Kawartha Food Share
Kawartha Media Group
Kawartha Pine Ridge District School Board
Keene United Church M.M.M.

Kinark Child & Family Services
Knights of Columbus Council 798
Lakeland Foodland
Lakeland Foodland
Liftlock Foodland
Loblaw Real Canadian Superstore
Mark Street United Church
M.C.C. Tire Equipment
McLean Berry Farm
Mercury Wood Product
Metro Food Store
Mike Christie Auto Repair
Millbrook Stick & Puck
Ministry of Children & Youth Services
Minute Maid Company Canada Inc.
Morello's Independent Grocers
No Frills
Northminster United Church & Sunday
School
Norwood Lioness Club
Optimist Club of Ennismore
Parents
Parent/School Councils
Pepsico-Quaker-Tropicana-Gatorade
Peterborough Appliances
Peterborough Concrete Floor
Peterborough County-City Health Unit
Peterborough Family Resource
Centre/OEYC
Peterborough Naval Association and
Ladies Auxilliary
Peterborough Professional Hockey
Alumni
Peterborough Regional Health Centre
Foundation
Peterborough Social Planning Council
Peterborough This Week
Peterborough, Victoria, Northumberland,
Clarington Catholic District School
Board
Peterborough Wholesalers Ltd.

Prestige Windows, Doors & Sunrooms
Private Donations
Price Chopper
Pyes' Buns & Deli
Reg Ward Insurance Services
Retired Teachers of Ontario District 36
RJ's Fresh Produce
Rocky Ridge Water
Rotary Club of Peterborough
Royal Bank of Canada
School Staff
Sobeys
Sherbrooke Foodland
Square Plates
St. Aidans/St. Matthews Anglican
Church, Buckhorn
St. Alphonsus Health Cabinet
St. Alphonsus Parish
St. James United Church Men's Club
St. John's Auxilliary
St. Luke's Anglican Church
Steve's Auto Service
Student Councils
Sysco Central Ontario, Inc
The Clean Freaks
The Fridge Café
Tim Hortons, Water Street
Titles Bookstore
Toronto Dominion Bank
Trail Marker Outdoor Products
Trinity United Church
United Way of Peterborough & District
W. Norris & Son Moving
Wal-mart
Ward Street Grill
Warsaw & District Lions Club
Zerey Bread

For more information, please contact Food For Kids at 705-743-1000 or www.pcchu.ca/ffk