

**Community Food Network Meeting
MINUTES**

Tuesday, August 10, 2010

10:00 a.m. to 11:30 a.m.

St. John's Anglican Church – Lounge

Attended by: Chris Kawalec, Emily Blondin-Doan, Joëlle Favreau, Marie Bongard, Carol Winter, Dorothy Boddy, Linda Slavin, Peter Hughes, Susan Calderwood, Susan Hubay, Sonya Hardman, Barbara Herring, Dr. Rosana Pellizzari (Chair), Susan Hubay, Alida Tanna (Recorder).

Regrets: Julie Stoneberg, Jillian Bishop, Paula Anderson, Dorothy Olver.

1.0 Approval of Agenda

The agenda was approved with the addition of item 7.1.4, Community Bake Oven.

2.0 Approval of Minutes – July 5, 2010

The minutes were approved with a revision to the attendees, as well as to item 8.0, Other.

3.0 Business Arising from the Minutes

3.1 Community Food Centre (CFC) Sub-Committee

Members discussed the issue of abattoirs and the necessity to have a system in place to deal with hens if local residents have them. Sonya Hardman noted that there was an establishment on Highway 7 which offers poultry processing.

Susan will call a meeting for the subcommittee, ideally before the end of the month. She is seeking more rural participation on this committee.

4.0 Need Food (Short Term Relief)

4.1 Discussion of Activities and Objectives from Work Plan

This item was deferred to the September meeting. Members were advised to bring the CFN work plan and terms of reference to all meetings as the documents are referred to quite regularly. These are posted on the CFN web site here:

<http://www.pcchu.ca/CFN/CFN-home.html>. **ACTION: Alida to send out link to CFN web site to members via email.**

5.0 Get Involved (Capacity Building)

5.1 Discussion of Activities and Objectives from Work Plan

This item was deferred to the September meeting, please see item 4.1 for more detail.

6.0 Create Change (System Change)

6.1 Community Food Centre (CFC) Proposal Update

A proposal has been submitted to the Public Health Agency of Canada (PHAC) by The Stop Community Food Centre (www.thestop.org), outlining a multi-year plan to adapt their CFC model to three other Ontario communities. Specific locations have not been determined, however Peterborough, Guelph, Kingston, and a northern location were mentioned. A letter of support and input on the proposal was provided by the Health Unit.

6.2 Healthy Communities Fund Policy Proposals

The Ministry of Health Promotion issued a call for proposals related to policy work funded by Healthy Communities Ontario. The Peterborough Healthy Communities Coalition communicated this opportunity to participating members. The window to submit proposals was very tight, however the Health Unit was able to submit a proposal that would support the CFN in policy development. In short, the submission involved contracting a third party to review policy; consult with local people involved with policy development (tobacco, community gardens); conduct a literature review; develop an action plan, interview key political figures; assist with the development of a Food Security Continuum presentation; and, present to township councils. A response is expected by late September.

Linda Slavin requested that this person liaise with the Sustainable Peterborough Steering Committee, part of the Peterborough Sustainability Network (<http://sustainablepeterborough.wordpress.com/>). Committee members include representatives from municipalities, county, townships and First Nations. Dr. Pellizzari noted that the Health Unit contact for sustainability issues would be Donna Churipuy.

6.3 Report: Menu 2020 – Ten Good Food Ideas for Ontario

The CFN reviewed the second of five reports issued by the Metcalf Foundation (www.metcalffoundation.com). The report can be found here: http://www.metcalffoundation.com/downloads/Metcalf_Food_Solutions_Menu_2020.pdf. In addition, a review of the report by the Peterborough Social Planning Council (PSPC) was also circulated which can be found here: http://www.pspc.on.ca/pdf/InfoNotes_Menu_2020%20.pdf.

The ten good food ideas presented in the report were as follows:

1. Support producers of locally consumed fruit, vegetables, and meats.
2. Make room for new farmers and alternative markets within the supply managed system.
3. Harvest the whole value of ecological goods and services from agriculture.
4. Plant urban Ontario.
5. Implement a school food program, and embed food literacy in the curriculum.
6. Support community food centres.
7. Establish local food infrastructure through regional food clusters.
8. Expand public procurement of local, sustainably produced food.
9. Link good food with good health.

10. Plan for the future of farming and food.

Sonya Hardman noted that regarding item #7, the Greater Peterborough Area Economic Development Corporation (GPAEDC) had done a substantial amount of work in that area.

The local response from the PSPC included interesting statistics on local farms, the majority of which are part-time operators, and whose numbers are in decline.

Peter Hughes advised that Fleming College offers a course on sustainable agriculture, with a focus on smaller farms and greenhouse operations. He acknowledged the widely felt sentiment by the group that a cultural shift is necessary in our approach to food. Presently, consumer focus is on affordability, with little consideration given to the effects on the environment and small producers. **ACTION: Peter will bring in curriculum to the next CFN meeting.**

Dr. Pellizzari questioned whether the CFN work plan contained any plans to promote this cultural shift. Other suggestions included:

- Offering vouchers to local farmers markets (this could be done through the Health Unit).
- Focus on school curriculum. Susan noted that locally, 45 out of 54 schools have a Student Nutrition Program, and that historically these programs are extremely underfunded
- Work with township councils.
- Promote food seasonality. Dr. Pellizzari suggested the creation of a food calendar which would identify food in season for each month of the year accompanied by a recipe. This could be a fundraising opportunity, with potential partners including Kawartha Choice Farm Fresh. **ACTION: This item will be discussed further at the next CFN meeting.**

6.4 Do the Math Campaign - Fall 2010

The Income Security Committee (ISC), part of the Peterborough Poverty Reduction Network (PPRN) is involved with this campaign, along with the PSPC and the Health Unit. Dorothy Boddy distributed postcards for attendees. Members seeking additional postcards can obtain them from the Labour Council.

There was discussion regarding the promotion of a 'live the math' campaign, where notable local figures (e.g., election candidates) could be asked to live the math for one week. Members expressed concern about the perception of this activity. Since the action is short term, it is not comparable to the challenges faced by people living on low incomes. **ACTION: Dorothy and Linda to pass along these sentiments to the ISC.**

7.0 Round Table

7.1 School Update

Susan reported that Mary McGee advised they were unsuccessful in their submission for the Hellman's grant.

7.2 Community Gardens – Peter

The Peterborough Community Garden Network (PCGN) is hosting a picnic on Sunday, August 15th at Ecology Park which will feature a tour of the food gardens and the Ashburnham Community Garden. **ACTION: Alida to circulate flyer to members via email.**

7.3 By The Bushel Food Cooperative – Linda

Orders have been delivered.

7.4 Our Space

Funding from the City has been confirmed, a meeting will take place in the near future to look at alternate locations. A fundraiser, "Our Fest", is taking place on Saturday, August 14th at Nicholls Oval Park featuring live music, market, food & beverages and a dunk tank.

7.5 Gleaning

Sonya participated in the last Peterborough Gleans meeting and reported that the program is doing very well. There was a need to increase number of farmers participating as the number of gleaners has grown. Members were asked to contact Lori Sainte if they are aware of any farmers or u-picks who might be interested in participating.

7.6 Food Security Community Partnership Program – Sue

No update.

7.7 JustFood Box Program – Joëlle

Joëlle reported that the YWCA received funding from Healthy Communities Ontario. The monies will be distributed as follows: Our Space (\$21,000), Lovesick Lake (\$3,000), Gleaning (\$7,000), JustFood Box (\$18,000); funds will go toward food supplies, promotion of healthy eating and physical activity, buses, and subsidies.

7.8 Peterborough Poverty Reduction Network (PPRN) – Rosana

The PPRN recently submitted a proposal to the Trillium Foundation to fund a coordinator position, involved in various activities including offering support to Neighbours in Action (Prince of Wales).

7.9 Kawartha Food Share (KFS) – Chris

KFS is gearing up for the fall and planning their food drives. Donations regularly drop over the summer, however demand remains constant.

7.10 Community Meals Update – Faith Community members

St. Paul's Sunday meals are going well. Carol Winter noted that more people are looking for food to take home. Bob Tyne provided an email update: River Run, in co-operation with St. John's fed over 100 people on Saturday, July 24th.

7.11 City of Peterborough Update – Sonya Hardman

Sonya is working on a proposal with Sobey's regarding the Earth Day Fund. It involves food literacy and is due at the end of the month.

7.12 Kawartha Choice – Karen Jopling

No update.

7.13 LETS Exchange – Margaret

No update.

7.14 Community Bake Oven – Linda

A meeting with the Parks Committee will take place this fall to discuss potential locations, including King Edward Park (located at George & Princess Sts.).

8.0 Other

None.

9.0 Agenda Items for September 2010

- Business Arising - Report: Menu 2020 – Ten Good Food Ideas for Ontario
- Discussion of Activities and Objectives from Work Plan

10.0 Adjournment

The meeting was adjourned at 11:30 a.m.

REMINDER – NEXT MEETING: September 7, 2010 at St. John's Anglican Church, Lounge.

Parked Items

Oct. 2010 - Presentation on School Nutrition Policies, Carolyn Doris (ref. June 2010 meeting)

Sept. 2010 - Review PPRN site, Margaret Wright (ref. June 2010 meeting)