

**Community Food Network (CFN) Meeting**  
**MINUTES**  
**Thursday, July 21, 2011**  
**1:00 to 2:30 p.m.**  
**St. John's Anglican Church – Lounge**

**Attended by:** Lindsay Archer, Carolyn Doris, Chris McDonald, Sonya Hardman, Peter Hughes, Susan Hubay (Recorder), Dr. Rosanna Pellizzari (Chair)

**Regrets:** Joëlle Favreau, Linda Slavin, Gwen Johnston, Dorothy Boddy, Hanah McFarlane, Dorothy Olver, Judy Girard, Dorothy Olver, Dawn Berry-Merriam, Julie Stoneberg, Alida Tanna

**Welcome and Introductions**

**1.0 Approval of Agenda**

The agenda was approved as circulated.

**2.0 Approval of Minutes – June 16, 2011**

The minutes were approved as circulated.

**3.0 Business Arising from the Minutes**

**3.1 Bring Food Home Conference Submissions**

Attendees discussed submissions for potential workshops/ideas for this conference which included:

- Peterborough Community Garden Network (PCGN): workshop facilitating County and City linkages with practical scenarios that relate to community food programs and local food promotion initiatives.
- Peterborough County-City Health Unit (PCCHU): workshop on Come Cook with Us food skills program that reaches low income and underserved community members
- Kawartha Community Food Hub Committee: offered to be a presenter on a workshop panel about local food hubs
- YWCA: requested a film screening time for “Nourish Peterborough”

Susan mentioned to the conference planners that it would be good to have time for provincial networking groups like the Good Food Box Provincial Network and the Market Voucher program. Peter noted that the planning committee was discussing having some tours and a feast as part of the conference. Dr. Pellizzari hoped that local First Nations communities can be involved in this conference.

**4.0 Need Food (Short Term Relief)**

None.

## 5.0 Get Involved (Capacity Building)

None.

## 6.0 Create Change (System Change)

### 6.1 Local Official Plan Submission from CFN (Carolyn Doris)

Carolyn Doris reviewed the draft document she developed on behalf of the CFN for submission to the City's Official Plan Review.

The document features food system opportunities for consideration under the theme areas of food production; food processing; food marketing and distribution; food consumption; and food disposals. Carolyn recommended that the Simcoe Muskoka District Health Unit report "Healthy Community Design: Policy Statements for Official Plans" be integrated into the Peterborough Plan and attached to the document as an Appendix.

Sonya felt that formatting the document in point form would be well received by City staff. Dr. Pellizzari mentioned that a recommendation specifically about the Kawartha Community Food Hub be added, and consideration to municipal support for universal school feeding programs be included.

**ACTION: Carolyn to incorporate feedback. The document will be sent out to the CFN via email for further input. CFN members will be asked to review the draft and send suggestions to Susan Hubay by August 12<sup>th</sup>. The draft will be reviewed again at the next CFN meeting, Susan will submit the final report to City Planners by September 6<sup>th</sup>, 2011.**

## 7.0 Round Table

### 7.1 By The Bushel Food Cooperative

- Susan reminded people to drop by the new retail outlet on Thursdays, in the Carriage House of YES on Brock Street

### 7.2 Community Gardens - Peter Hughes

- A 4,000 sq. ft. community garden on federal land is thriving despite participants having to haul water manually. There are 12 plots, each 20x20 sq. ft. which will become shared mentoring garden plots in 2012.
- The Peterborough Community Credit Union and Peterborough Youth Services have garden plots developed.
- Peter reported working with Maisie Watson on portable gardens that can be set up in temporary property locations on City of Peterborough housing land. The group thought these could be called, "gardens to go" or "take-out gardens".

### 7.3 Community Meals Update - Chris McDonald

- Chris is the new Chef at the Brock Mission and he reported that the Open Table has a good supply of fresh food right now. He is able to take surplus fresh vegetables and give them to the customers for home cooking!
- Open Table pattern over the summer is about 25 customers at the beginning of the month, with 80 to 100 people coming by the end of the month.
- Sonya mentioned that there will be an update about the St. Paul's Sunday meal program in the next Food Calendar prepared by city staff that can be found on the Food in Peterborough or City of Peterborough website.

### 7.4 Municipal Update (Sonya Hardman)

- Sonya reported that a few Townships were successful in receiving Healthy Communities funding for food related initiatives including Collective Kitchens for Havelock and Buckhorn; Havelock TEACH program Youth kitchen building program/cooks training program; Buckhorn after school cooking program for children; Cavan Millbrook cooking and garden initiatives. They are linking with Health Unit staff and local community to build partnerships.

### 7.5 Food Security Community Partnership Program – Susan Hubay

- Susan reported that Come Cook with Us has developed a workplace cooking program called "What's For Supper?", a four-class series for busy employees striving to prepare nourishing meals at home for their families. The workplace is Kawartha Participation Project and the sessions will run in September.

### 7.6 Gleaning – Lori Sainte

- Deferred.

### 7.7 JustFood Box Program – Susan Hubay

- Susan reported that Rona Peterborough manager John Musgrave has started a partnership with JustFood box and Good Food box programs in Peterborough, Lindsay, and Campbellford. Rona staff in these communities are growing produce in raised beds/boxes for local food box programs. The first contribution for the Peterborough YWCA's JustFood program was a load of beans and cherry tomatoes.
- **ACTION: Visit the Rona store to see what they are growing. The boxes are in the Garden Centre area of the Peterborough store. Susan will speak to John about future media opportunities.**

### 7.8 Our Space/LETS Exchange – Margaret Wright

- Deferred.

#### 7.9 Peterborough Poverty Reduction Network – Susan Hubay

- Susan reported that the provincial Social Assistance Review Commission came to Peterborough on July 13<sup>th</sup> to hear suggestions for an improved social assistance review system. This one of only 6 planned community visits in the province. The Commission Chairs' the Honourable Frances Lankin, P.C., Past President and CEO of United Way Toronto, and Dr. Munir Sheikh, former Chief Statistician for the Government of Canada, along with 6 staff attended workshops and conducted site visits. The day was planned brilliantly by the PPRN's Income Security Work Group and featured facilitated workshops for community agency staff, community members with a particular emphasis on hearing from people with lived experience. The Chairs of the Commission also visited Our Space and the Brock Mission while they were in town.
- **ACTION: If Community Food Network members would like to give input into the consultation process, the survey tools and workbook can be accessed on: <http://www.socialassistancereview.ca/>**

#### 7.10 Education Sector Update – Mary McGee, Terry Keating, Paula Anderson, Peter Hughes

- Deferred.

#### 7.11 COIN; Community Bake Oven – Linda Slavin, Frances Wilbur

- Deferred.

#### 7.12 Farmer's Markets – Jillian Bishop

- Peter Hughes reported on behalf of Jillian that farmers at the Wednesday Downtown Farmers' Market are selling out. Lindsay reported that the market radio ads are a great reminder to go to the market downtown.

#### 7.13 Kawartha Food Share – Lindsay Archer

- The warehouse continues to be busy during the summer months. A new inventory system gives stats on member agency use in terms of pounds of food per month. For example, the Good Neighbours Centre distributes 25,000 pounds of food monthly.
- The latest hunger count results for March 2011 report 8,300 visitors a month to KFS member agencies which represents a 27% increase over the past five years.
- Sonya and Susan requested a breakdown of usage for the City and County of Peterborough. **ACTION: Lindsay to provide these details.**
- KFS is planning the Three Loonies event for December which will include media promotions from Corus Entertainment about hunger issues.
- Lindsay explained that St. Vincent de Paul (SVDP) will be moving their storefront to Erskine Avenue and the SVDP food banks will all be consolidated under one roof at the Murray Street SVDP site.

**8.0 Agenda Items for August 2011**

Susan and Rosana will meet to develop the August agenda. Please send items to Alida Tanna ([atanna@pcchu.ca](mailto:atanna@pcchu.ca)).

**9.0 Adjournment**

The meeting was adjourned at 2:30 p.m.

*Parked Items*

*Backyard Hens (Paula Anderson)*

*Discussion Document - Menu 2020, Ten Good Food Ideas (Dawn Berry-Merriam, Pat Learmonth)*

**REMINDER – NEXT MEETING: August 18, 2011 at St. John’s Anglican Church, Lounge.**