

**Community Food Network (CFN) Meeting  
MINUTES**

Thursday, August 18, 2011

1:00 to 2:30 p.m.

**St. John's Anglican Church – Lounge**

Attendees: Linda Slavin, Peter Hughes, Jillian Bishop, Pat Learmonth, Paula Anderson, Marie Bongard, Dorothy Boddy, Joëlle Favreau, Susan Hubay, Dr. Rosana Pellizzari (Chair), Alida Tanna (Recorder), Allan Kerr-Wilson, Margaret Wright, Lindsay Archer

Regrets: Julie Stoneberg, Judy Girard

**Welcome and Introductions**

**1.0 Approval of Agenda**

The agenda was approved with the addition of the following items:

- 5.3, Trent Course
- 6.3, Menu 2020 Discussion Paper
- 8.1, Purple Onion Festival

**2.0 Approval of Minutes – July 21, 2011**

The minutes were approved as circulated.

**3.0 Business Arising from the Minutes**

**3.1 Local Official Plan Submission from CFN**

Susan received a number of excellent, focused responses to the draft that was circulated amongst CFN members. The paper has been reformatted to incorporate those suggestions. Susan welcomed any additional additions and/or changes by Monday, August 22<sup>nd</sup>. Several additions noted in the meeting included:

- Ensure even food distribution, avoid 'food deserts' (Pat)
- Ensure assistance/accessibility for those with disabilities, special needs and seniors (Marie)
- Sustainability is imperative (Linda)

Susan noted that if members wished to read some excellent reports with an agricultural focus which were referenced in the document, the following would be of interest:

- Ontario Professional Planners Institute, "Planning Food Systems in Ontario: A Call to Action."  
<http://www.ontarioplanners.on.ca/content/Publications/innovativepolicypapers.aspx>
- Simcoe Muskoka District Health Unit, "Healthy Community Design: Policy Statements for Official Plans" 2010.  
<http://www.simcoemuskokahealth.org/JFY/OurCommunity/healthyplaces/Healthydesign.aspx>

#### 4.0 Need Food (Short Term Relief)

##### 4.1 Review CFN Work Plan (Susan Hubay)

###### Long term outcome indicators:

- *More fresh food at emergency food programs (food banks and community meals)*  
– This has taken place at Brock Mission and Our Space. Paula noted that a flyer could be created and distributed at local farmers’ markets with details on where to bring surplus food (one side would include contact information and details about each program, the other would feature a map). **ACTION: Paula will propose this as a student project for her course at Trent University.**
- *One Food Security Continuum presentation conducted* – This was presented to the Board of Kawartha Food Share earlier this year.
- *Food Program map produced & available online* – A community food map was created and has been posted on the [www.pcchu.ca/food](http://www.pcchu.ca/food) web site.
- *Emergency Food Fund established* – This has not been established.

###### Short term outcome indicators:

- *Website maintained* – Yes.
- *Community meal available daily* – Yes.
- *United Way presents to CFN* – This has not been done. **ACTION: Susan to request presentation.**

#### 5.0 Get Involved (Capacity Building)

##### 5.1 Review CFN Work Plan (Susan Hubay)

###### Long term outcome indicators:

- *Letters of support for grant applications provided as needed* – Ongoing.
- *Link local growers with the opportunities that arise in public school system, Trent University and Fleming College* – Susan is meeting next week with a group from Toronto to explore the possibility of providing apples to local school nutrition programs. Paula noted that Local Foods Plus (Toronto) may be doing some work in Peterborough in a similar capacity; Karen Jopling would likely be aware of these activities and could provide an update. **ACTION: Paula and Pat will contact Karen for an update.**
- *Report on Municipal Polices on Backyard Hens completed* – This is forthcoming from Paula.

###### Short term outcome indicators:

- *World Food Day event* – This took place at Peterborough Square to coincide with the ‘Put Food in the Budget’ campaign.
- *Food Skill opportunities exist* – Food skills are developed through the Come Cook With Us Program; canning workshops will take place in August and September.
- *Field trip to Montréal* – Members discussed organizing a trip for next spring. **ACTION: Joëlle to begin inquiring with contacts.**

## 5.2 Bring Food Home Conference Updates (Pat Learmonth)

Pat advised that the web site ([www.bringfoodhome.com](http://www.bringfoodhome.com)) is live, and online registration is expected to be operational by next week. Local tours are being organized, destinations include: McLean Berry Farm, Kawartha Winery, Trent University (rooftop garden). Karen Burson from Sustain Ontario has organized a teleconference with various stakeholders to discuss a downtown tour, destinations to include By The Bushel Food Co-operative and a Come Cook With Us class.

Volunteers will be required, it is anticipated that a number of students will wish to participate. Dr. Pellizzari noted that it would be an excellent opportunity for students to be able to attend workshops/seminars as well as volunteer.

Sustain Ontario will do a call-out for additional volunteers at the Purple Onion Festival which takes place on Saturday, September 24<sup>th</sup> at Millennium Park.

## 5.3 Trent Course (Paula Anderson)

Paula's course this fall is based on the Canadian food system with a community development approach. In the past, she has received assistance from the Trent Centre for Community Based Education to set up projects for students. They are unable to assist in the upcoming year, and as such, Paula is seeking support and input from the CFN for ideas and opportunities. The total number of students in the class will be approximately 45, projects are worked on by 1 or 2 students.

Some tentative ideas Paula felt could be applicable would be:

- backyard hens;
- market vouchers (concept/presentation paper);
- seasonality food calendar; and
- map and information for farmers regarding food banks and community meals (please refer to item 4.1 for more information).

Community service is a component of the course, students must complete 20 hours each; service could be completed at community meals or on farm-based projects.

Dr. Pellizzari noted that she is currently working nationally on sodium reduction, and there could be policy work arising from this.

Allan (intern with Ontario Public Interest Research Group (OPIRG)) will speak to Paula further about student projects.

## 6.0 **Create Change (System Change)**

### 6.1 Nutritious Food Basket (Susan)

This item was deferred until the next meeting, Susan is still awaiting information in order to complete the report.

## 6.2 Vote on Food and Farming (Pat Learmonth/Joëlle Favreau)

Pat updated the CFN on another initiative from Sustain Ontario. Vote on Food and Farming is a province-wide campaign to raise awareness around food and farming for the Ontario Provincial Elections on October 6<sup>th</sup>.

Sustain is producing materials and providing financial support to “food champions who raise awareness of food in their riding”. **ACTION: Pat to confirm how many brochures can be provided for distribution.**

Another component would be to meet with candidates and ask a series of 5 questions:

1. What will you do to support local food and farm enterprise?
2. What will you do to make healthy eating a priority?
3. What will you do to protect farmland and the environment?
4. What will you do to get health food into schools and the curriculum?
5. What will you do to support access to healthy food in every neighbourhood by everyone?

Linda proposed that their answers could be published by local media. **ACTION: Pat, Rosana and Dorothy volunteered to work on organizing meetings with the candidates.** Joëlle added that she was planning to approach the candidates to attend a private screening of Nourish Peterborough with a panel discussion with individuals with lived experience.

Members were unsure whether the Peterborough Agricultural Society was hosting an all-candidates meeting.

Details on this initiative can be found here:

<http://sustainontario.com/initiatives/vote-on-food-and-farming-ontario-elections>

## 6.3 Menu 2020 Discussion Paper (Pat)

The Peterborough Social Planning Council (PSPC) is close to finalizing this paper and expect it to be available for circulation in September.

On a related note, Pat advised that the PSPC was recently contacted by CBC radio to comment on their recent Info Note, “Local Abattoirs are Crucial for the Local Food Movement”. This document can be viewed here:

[http://www.pspc.on.ca/pdf/Infonote\\_abattoirs.pdf](http://www.pspc.on.ca/pdf/Infonote_abattoirs.pdf)

## 7.0 **Round Table**

### 7.1 By The Bushel (BTB) Food Cooperative

Marie noted that BTB offers home delivery service.

#### 7.2 Community Gardens – PCGN Members

Peter announced that the PCGN received over \$190,000 in funding from the Trillium Foundation (for 3 years).

The community garden planted on federal land in Peterborough has been very successful, a grand opening is being planned by Parks Canada.

#### 7.3 Community Meals Update – Faith Community Members

No update.

#### 7.4 Municipal Update

Dorothy Boddy requested that an invite should be sent to Susan Bacque from Peterborough Housing to attend the September meeting. **ACTION: Dorothy will contact her.**

#### 7.5 Food Security Community Partnership Program – Susan Hubay

Susan advised that the cards which were printed last year regarding fruit and vegetable freezing and preserving were running out, they will not be reprinted.

#### 7.6 Gleaning – Lori Sainte

Joëlle noted a trip yesterday gleaned corn and beans from McLean.

#### 7.7 JustFood Box Program – Joëlle Favreau

No update.

#### 7.8 Our Space/LETS Exchange – Margaret Wright

Margaret has resigned from the Our Space Board of Directors. Lori Sainte is now the main contact.

The LETS exchange held a market at Peterborough Square last month.

#### 7.9 Peterborough Poverty Reduction Network – Chris Kawalec

The last meeting focused on a debrief of the visit by the Social Assistance Review Commission. The network is creating a fact sheet to debunk myths surrounding social assistance.

The PPRN will also submit a response to the City's Official Plan. **ACTION: Susan will copy Chris on the CFN's submission.**

An all candidates meeting is being planned, it will take place on September 21<sup>st</sup> at Market Hall.

The PPRN are creating a poverty report card with assistance from the Health Unit. The report card will mirror that of the province, and will be released on October 17<sup>th</sup> (timed with the International Day for the Eradication of Poverty) or in November (to coincide with National Housing Week).

7.10 Education Sector Update – Mary McGee, Terry Keating, Paula Anderson, Peter Hughes  
No update.

7.11 COIN; Community Bake Oven – Linda Slavin, Frances Wilbur  
Linda has been away, however she noted that the bake oven group has met.

COIN is moving forward with Peterborough EATS. They have received a grant from the Ontario Market Investment Fund to assist with marketing.

7.12 Farmer’s Markets – Jillian Bishop  
No update.

7.13 Kawartha FoodShare – Lindsey Archer  
No update.

## **8.0 Other**

### **8.1 Purple Onion Festival**

Pat spoke with Fred Irwin (organizer) and suggested an information tent which would feature different local contacts to connect people with local food suppliers would be a good idea.

Pat was wondering if other CFN members had secured tables at the festival. Farms At Work will have a table, as well as Peterborough LETS; there was some confusion regarding the cost for table rental.

## **9.0 Agenda Items for September 2011**

- Peterborough Housing
- Menu 2020 Discussion Paper

## **10.0 Adjournment**

The meeting was adjourned at 2:30 p.m.

### Parked Items

*Backyard Hens (Paula Anderson)*

*Discussion Document - Menu 2020, Ten Good Food Ideas (Dawn Berry-Merriam, Pat Learmonth)*

**REMINDER – NEXT MEETING: September 15, 2011, 1 – 2:30 p.m., at St. John’s Anglican Church, Lounge.**