

**Community Food Network (CFN) Meeting
MINUTES**

Thursday, November 11, 2010

10:00 a.m. to 11:30 a.m.

St. John's Anglican Church – Lounge

Attendees: Frances Wilbur, Jill Bishop, Joëlle Favreau, Dorothy Boddy, Julie Stoneberg, Chris Kawalec, Marie Bongard, Peter Hughes, Paula Anderson, Carolyn Doris, Susan Hubay (Interim Chair), Alida Tanna (Recorder).

Regrets: Lori Sainte, Mary McGee, Gwen Johnston, Dr. Rosana Pellizzari.

Welcome and Introductions

1.0 Approval of Agenda

Item 6.2, School Nutrition Policy Discussion was moved up in the agenda, prior to the approval of the minutes.

1.1 School Nutrition Policy Discussion

Carolyn Doris, Public Health Nutritionist with the Health Unit, presented an overview of nutrition policies for schools in Peterborough City and County. Carolyn discussed the current policies of the Peterborough Victoria Northumberland and Clarington Catholic District School Board, and the Kawartha Pine Ridge District School Board, as well as related provincial legislation (e.g. Healthy Food for Healthy Schools Act).

Carolyn departed the meeting at 10:45 a.m.

2.0 Approval of Minutes – October 5, 2010

The minutes were approved as circulated.

3.0 Business Arising from the Minutes

3.1 Fleming Curriculum, Sustainable Agriculture Program

Peter Hughes provided information on the Sustainable Agriculture Program offered by Fleming College. As noted in the distributed materials, the three-semester program, based out of Lindsay, is designed for new and beginner farmers seeking an intensive, applied learning experience in sustainable, ecological or natural farming methods. Farming practices in this program are based on the principles of environmental stewardship, farmer profitability, social responsibility and community health.

For more information on this program, contact the program co-ordinator, Henry Bakker at Fleming College. Additional details can be found here:

<http://www.flemingc.on.ca/index.cfm/go/programs/sub/display/code/SAG.cfm>

3.2 Promoting Food Seasonality (Susan Hubay)

Susan advised that plans to invite the agricultural sector to the December CFN meeting have been cancelled due to a related meeting taking place on November 23rd. The meeting, which will be hosted by the Peterborough Social Planning Council (PSPSC) at their offices, will have a number of participants including members from the CFN and the agricultural sector (Stewardship Council, Ontario Ministry of Agriculture, Food and Rural Affairs, Ontario Federation of Agriculture, Ecological Farmers of Ontario, etc.). Lauren Baker, lead author of the report commissioned by the Metcalf Foundation, *Menu 2020: Ten Good Food Ideas for Ontario*, will also be present. **ACTION: CFN members attending this session will report back at the December meeting.**

A moment of silence was observed at 11:00 a.m. to commemorate Remembrance Day.

4.0 Need Food (Short Term Relief)

No update.

5.0 Get Involved (Capacity Building)

5.1 Discussion of Activities and Objectives from Work Plan (All)

The groups discussed short term activities related to capacity building which can be found here: http://www.pcchu.ca/CFN/135_CFN+Workplan+June+2010.pdf

- 1. Promote awareness of food security issues including food insecurity; and local food production.* Promotional activities that have taken place include the recent Do The Math event as well as various 'To Your Health' segments which have aired on CHEX TV. Topics covered include the Farmers Market, as well as By The Bushel Community Food Co-operative.
- 2. Increase access to food skill and food security related opportunities for community members.* Fermentation workshop.
- 3. Increase the number of community gardens available in each ward throughout Peterborough City and in Peterborough County Townships.* The Peterborough Community Garden Network (PCGN) is actively engaged in promoting community gardens and pursues new opportunities, including the recent development of the Liftlock Community Garden.

6.0 Create Change (System Change)

6.1 Community Food Centre Sub-Committee – Update (Susan Hubay)

Susan circulated a concept paper for the Kawartha Community Food Centre, which was submitted to The Stop CFC as part of their visit to assess whether Peterborough could be a potential satellite site. Please refer to the October CFN Minutes, item 6.1, for more information on this item. Susan noted that the CFC Sub-Committee intend on moving forward with an action plan regardless of whether The Stop opportunity comes to fruition.

6.2 School Nutrition Policy Discussion (Carolyn Doris)

Please refer to item 1.1 for details.

7.0 Round Table

7.1 By The Bushel (BTB) Food Cooperative – Frances Wilbur

An application for funding was submitted to the Green Belt Fund to increase the availability of local food to public institutions. The Community Opportunity Innovation Network (COIN) was the lead on the application with BTB as a partner.

Winter baskets are currently available for purchase from BTB, please visit their web site for more information: www.bythebushel.ca.

7.2 Community Gardens – Peter Hughes, Joëlle Favreau

A ceremony to mark the closing of Garden 579 will take place this evening. The Peterborough Community Garden Network (PCGN) will support the volunteer group who managed the space to find another plot elsewhere.

As noted in item 5.1, the PCGN is involved with the Liftlock Community Garden in association with Parks Canada, which is scheduled to break ground shortly. The garden is located on Armour Road, just below the Liftlock Visitor Centre. There are hopes to roll out this concept along the Trent-Severn system.

Information on the PCGN can be found here:

<http://ptbocommqardennetwork.blogspot.com>.

7.3 Community Meals Update – Faith Community members

The Health Unit *Food For All* brochure has been updated, a copy can be found here: <http://www.pcchu.ca/NP/NP-images/PDF/foodforall2010.pdf>. This brochure is printed bi-annually, updates that occur after printing are noted on the web site: <http://www.pcchu.ca/NP/NP-images/food-microsite/need-food-now.html>.

The group discussed the issue of food vouchers which are distributed by various organizations and churches in Peterborough. **ACTION: Marie to confirm status of St. Vincent De Paul vouchers, she will report back at the January meeting.**

7.4 City of Peterborough Update – Sonya Hardman, Dorothy Olver

No update.

7.5 Food Security Community Partnership Program – Susan Hubay

This item was deferred.

7.6 Gleaning – Lori Sainte

Susan reported on behalf of Lori that gleaners are currently harvesting carrots, rutabagas and squash.

7.7 JustFood Box Program – Joëlle Favreau

No update.

7.8 Kawartha Food Share – Chris Kawalec

No update.

7.9 Our Space/LETS Exchange – Margaret Wright

The fall gala is taking place on November 13th and will feature a LETS market (as previously reported). Our Space will host a Christmas feast.

7.10 Peterborough Poverty Reduction Network – Rosana Pellizzari

This item was deferred.

7.11 School Update – Mary McGee, Terry Keating, Paula Anderson, Peter Hughes

No update.

8.0 Other

None.

9.0 Agenda Items for December 2010

- PSPC Agricultural Sector Meeting

10.0 Adjournment

The meeting was adjourned at 11:57 a.m.

REMINDER – NEXT MEETING: December 9, 2010 at St. John’s Anglican Church, Lounge.