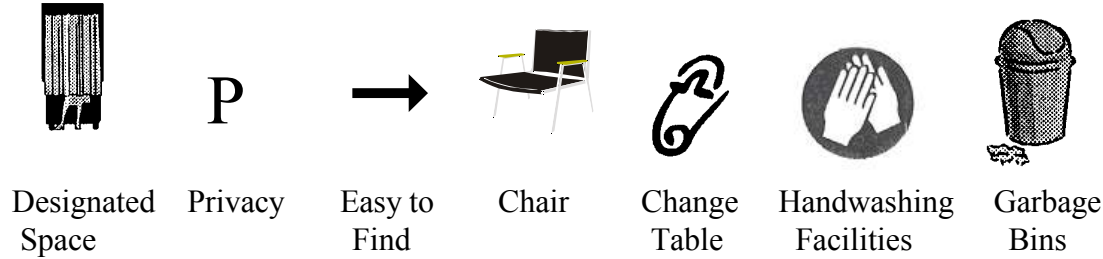


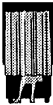





Public Places to Breastfeed in Peterborough County and City

Retailers and restaurants in Peterborough City and County welcome breastfeeding families. In return, many breastfeeding families are happy to spend their money with these businesses.

If you know a supportive business who would like to be promoted on our website, let us know!





Legend:











Mall/Retailer	Location		P					
Sears Canada	637 Lansdowne St. West, Peterborough, in Lansdowne Place Shopping Centre. A designated room is on the main floor in Boys' Wear.	√	√		√	√	√	√
Portage Place Shopping Centre	1154 Chemong Rd., Peterborough, in the West end of the mall, next to the washroom.	√	√	√	√			√
Peterborough Square	360 George St. N., Peterborough, on the upper level off the food court. A baby logo is on the door. If the door is locked, ask for the key at the Information kiosk.	√	√	√	√		√	√

See Page 2, 3 and 4 for restaurants that are breastfeeding-friendly

- These Eat Smart restaurants have:
- a variety of delicious and healthy food choices, both on the menu and by request;
 - a proven track record in safe food handling with Certified Food Handlers on staff;
 - 100% smoke-free environment, and welcome breastfeeding families.

Restaurant	Location				
Restaurants in the City of Peterborough					
38 Degrees	375 Water St. 750-0038			√	√
Aviemore	398 McDonnell St. 876-6177		√	√	√
Bamboo Restaurant	1840 Lansdowne St. W. 748-0088			√	√
Carousel Restaurant & Tavern	116 Lansdowne St. E. 745-0060		√	√	√
Cultures Restaurant	Lansdowne Place 742-3033			√	√
Curry Village	306 George St. 742-1432			√	√
Druxy's Famous Deli Sandwiches	Peterborough Square 742-5077			√	√
East Side Mario's	933 Lansdowne St. W. 740-2114			√	√
Elements - The Phoenix Rising	140 King St. 876-1116			√	√
Fulfords Dining Lounge	Fleming College, 599 Brealey Dr. 749-5520 ext. 1487			√	√
Gator's Pita Place	360 George St. N. 743-3505			√	√
Jake's Neighbourhood Grill	901 Lansdowne St. W. 741-4944		√	√	√
Joey's Only Seafood	1040 Lansdowne St. W. 750-1666		√	√	√
Kelsey's	815 High St. 749-1367		√	√	√
La Hacienda	190 Hunter St. W. 742-1559			√	√
Maggie's Garden	135 Hunter St. 760-9719			√	√

Restaurant	Location				
Mexicali Rosa's	320 Water St. Unit # 73 741-3222			√	√
My Mom's Place	309 Townsend St. 741-1684			√	√
Parkhill On Hunter	180 Hunter St. W. 743-8111			√	√
Piccadilly Restaurant	1080 Lansdowne St. W. 742-6088		√	√	√
Pizza Factory	1000 Lansdowne St. W. 745-5500			√	√
Planet Bakery	374 Water St. 741-5243			√	√
Red Lobster	870 Lansdowne St. W. 876-1840			√	√
Riverside Grill & Gazebo	Holiday Inn, 150 George St. N., 743-6564		√	√	√
Shoeless Joe's	724 Lansdowne St., 755-0231		√	√	√
Smitty's Peterborough	139 George St. North, 741-3604		√	√	√
Starlight Dining Lounge, Brookdale Plaza	809E Chemong Rd. 748-0140			√	√
Subway	261 George St., 745-9296		√	√	√
Subway	892 Ward St., Bridgenorth 292-9187		√	√	√
Swiss Chalet	933 Lansdowne St. W. 745-5577		√	√	√
Teeny Tiny Tea Room	72 Hunter St. E. 740-0042			√	√
The Country Kitchen/ Hen House	597 Monaghan Rd. 749-6247			√	√
Tim Hortons	157 George St. N. 750-0998			√	√
Tim Hortons	81 Hunter St. E., 745-4907		√	√	√
Tim Hortons	1527 Water St. 876-0342			√	√
West Garden Buffet Restaurant	1209 Lansdowne St. W. 748-3456			√	√
Zellers Family Restaurant	950 Lansdowne St. W. 742-9208			√	√

Restaurant	Location				
Restaurants in the County of Peterborough					
Firehall Fast Food Station	Highway 28, Woodview 654-4110			√	√
Kawartha Bakery	R.R.#1, Lakefield 652-8515			√	√
Lovesick Lake Cafe	4728 Highway 28, Burleigh Falls 654-4850			√	√
Mill Line Country Store & Tea Room	R.R.#1 Norwood 639-1049			√	√
Old Bridge Inn Hotel	Young's Point 652-8507			√	√
Rita's Family Restaurant	County Rd. 2, Keene 295-4242			√	√
Subway Sandwiches & Salads	112 Queen St., Lakefield 652-1209			√	√
Subway Sandwiches & Salads	892 Ward St., Bridgenorth 292-9187			√	√
Tim Hortons	758 Ward St., Bridgenorth 292-9886		√	√	√
Tim Hortons	139 Queen St., Lakefield 292-9991			√	√